

# PSU PROGRAMS



### **American Indian Science & Engineering Society:**

AISES has been working since 1977 to substantially increase American Indian, Alaska Native, and Pacific Islander representation in science, technology, engineering, and math (STEM) fields as students, professionals, mentors, and leaders.

www.aises/pdx.edu

Pacific Islanders Club: It is our mission to provide cultural and social events to enhance the campus experience and education of PSU Pacific Islander students. https://www.facebook.com/pac.isles





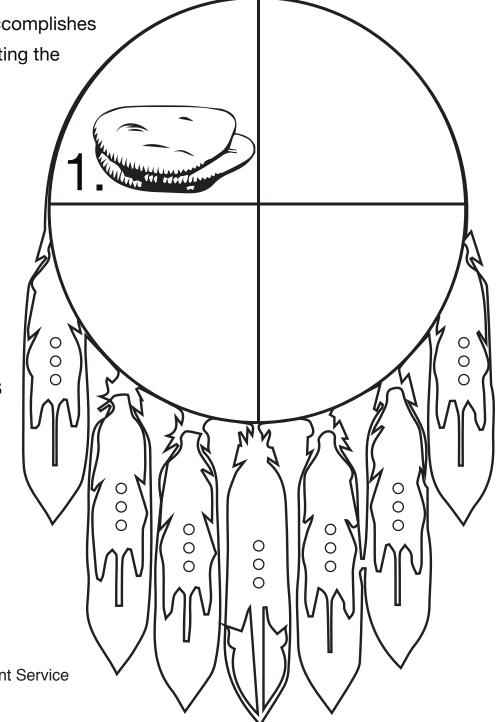
United Indian Students of Higher Education: keeps students and the community informed about current Native American activities around the area. UISHE represents a diverse tribal membership throughout North America and is vital in supporting students with various tribal affiliations, ages and backgrounds. http://www.uishe.groups.pdx.edu/

# PSU PROGRAMS

### Healing Feathers

Healing Feathers accomplishes this through integrating the unique spiritual and cultural beliefs of American Indian/ Alaska Native students with raising awareness of suicide among the Native American populations.

DRAW 3 REASONS TO STAY ALIVE



### **Dean Azule**

Pima Indian AZ Coordinator, Diversity and Multicultural Student Service azule@pdx.edu

# PSU PROGRAMS

Portland State University's Graduate School of Education is recruiting student candidates for its new project, American Indian Urban Teacher Program, funded by the Office of Indian Education, the U.S. Department of Education. Native American students enrolled in the graduate program will be awarded tuition and fees

LE\_RN and L\_ST\_N to YOUR E\_D\_RS

Letters Missing: E L A E I

### Maria Tenorio,

Pueblo/Tarascan
Ed.D., Project Director,
Graduate School of Education
American Indian Urban Teacher Program
tenorio@pdx.edu





### MAKE A LIST OF YOUR SKILLS AND INTERESTS.... Think hard about what you enjoy? What you are good at?

### IF YOU ARE GOOD AT MATH,

then look at these possible careers...



### <u>Sudoku</u>

1		2		3	4	5	9	8
4			5		1	7	2	
5	8	6	9	2			3	
3	5		1		6	2		7
6	4		2	5	8		1	9
8		1	3		9		4	5
	1			6	2	9	5	3
	6	5	8		3			2
2	3	4	7	9		8		1

Statistician

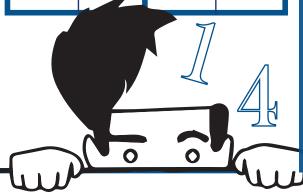
**Electrical Engineer** 

**Surveyor** 

**Mathematician** 

**Cost Estimator** 

	2	4	
1			3
4			2
	1	3	





**Actuary** 

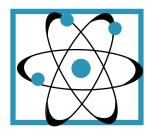


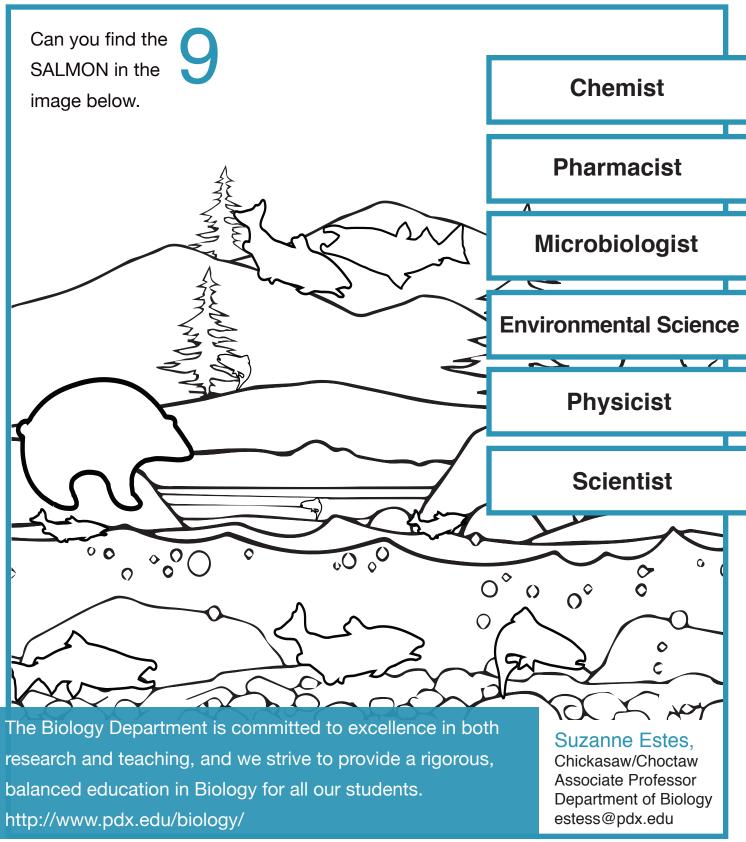
The Fariborz Maseeh Department of Mathematics and Statistics is dedicated to excellence in research & teaching in all areas of mathematics, statistics and mathematics education. The Department provides free tutors for lower division algebra, calculus and statistics.

http://www.pdx.edu/math/

### IF YOU LIKE THE SCIENCES,

then look at these possible careers...

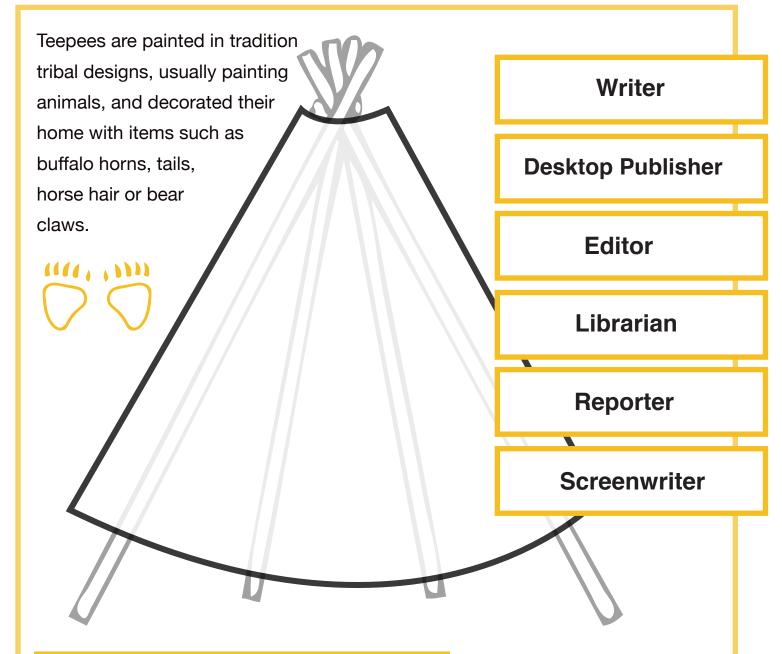




### IF YOU LOVE TO READ,

then look at these possible careers...





English department offers a wide variety of undergraduate and graduate courses to meet the needs of students with a diversity of interests, and academic and professional backgrounds. http://www.english.pdx.edu

### **Grace L. Dillon**

Anishinaabe, PhD., Associate Professor Indigenous Nations Studies Affiliated faculty/ English Popular Culture Cluster Coordinator dillong@pdx.edu

### IF YOU LIKE SOCIAL STUDIES,

then look at these possible careers...



There over 500 Native tribes in North America. Below you will find 25 of those tribes. Each one appears in the puzzle—horizontally, vertically, and diagonally.

				_										
S	I	L	E	Т	Z	Н	N	P	Н	S	Т	С	S	K
I	Н	0	Н	S	E	E	I	0	I	I	A	Q	0	R
Т	М	K	Z	I	Z	L	0	S	G	L	U	U	E	В
Y	S	М	С	G	U	P	Т	N	Т	A	A	Н	K	K
P	0	I	U	0	A	M	I	Т	Х	0	P	L	С	0
Q	E	Y	G	L	W	L	P	I	A	A	R	0	U	0
U	N	Α	Т	0	Т	L	N	Q	R	I	Q	I	E	Т
I	A	K	I	Н	L	С	I	G	U	U	U	Т	A	E
N	K	A	G	С	P	P	0	Т	I	A	U	S	R	N
A	0	М	A	Y	J	E	0	L	Z	I	F	N	E	Α
L	P	A	K	S	G	N	L	R	A	0	A	Н	N	I
Т	S	G	S	P	Z	E	N	P	Н	В	P	A	N	S
E	С	0	N	0	M	I	S	Т	R	Т	E	I	A	0
P	U	L	L	Α	Y	U	P	U	Н	Х	N	D	L	0
K	L	A	М	A	Т	Н	S	I	М	A	S	A	P	С
								ד דדי	ППП					

COOS	LUMMI	SILETZ
COQUILLE	NEZ	SKAGIT
COWLITZ	PAIUTE	SPOKANE
HAIDA	PERCE	SQUAXIN
НОН	PUYALLUP	SUIATTLE
HOOPA	QUINALT	TLINGIT
KLAMATH	SAMISH	TULALIP
		UMPQUA
KOOTENAI	SAUK	YAKAMA

**Economist** 

Historian

**Anthropologist** 

Geographer

**Psychologist** 

**Urban Planner** 

### **Dr. Cornel Pewewardy**

Comanche & Kiowa Professor & Director Indigenous Nations Studies

### Dr. Robert Ryan

Cheyenne River Sioux Tribe-SD (Mato Topa)
PSY Psychology

Don't forget to visit: www.anthroplogy.pdx.edu www.pdx.edu/psy www.pdx.edu/nas

### IF YOU LOVE MUSIC AND ART,

then look at these possible careers...



She Who Watches, Tsagaglal, is not like most of the rock images found in the Columbia River area, She Who Watches is rock etchings (petroglyph) and rock paintings (pictographs). Draw your own pictographs below.

**Actor** 

**Photographer** 

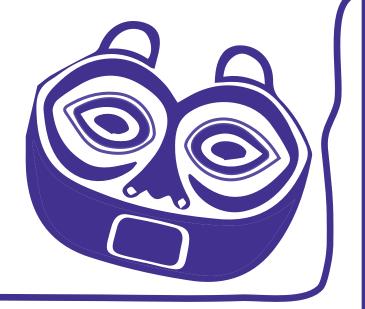
**Artist** 

**Dancer** 

**Designer** 

Musician

School of Art + Design is dedicated to helping students understand and explore the ways that artists and their works function within a larger social context. www.pdx.edu/art-design/



# IF YOU LIKE BUILDING & FIXING THINGS, then look at these possible careers...



Carvers and sculptor produce monumental words in cedar, bronze, glass, and enameled steel. Name and color the Native American symbol.







Carpenter

**Automotive Mechanic** 

**Drafter** 

**Architect** 

**Civil Engineer** 

**Electrician** 

Learn More Go to http://www.pdx.edu/cecs/http://www.pdx.edu/architecture/

### IF YOU LIKE HELPING PEOPLE,

then look at these possible careers...



### **Kristin Engelbretson**

Turtle Mountain Band of Chippewa Indians, Administrative Coordinator Office of International Affairs

Education Abroad krise@pdx.edu



Educator/Teacher

**Childcare Worker** 

**Firefighter** 

**Registered Nurse** 

**Social Worker** 

**Physician** 

Learn More Go to http://www.pdx.edu/education

www.pdx.edu/careers/ resources-for-prehealth-students

http://www.pdx.edu/ssw

### Gabrielle Green

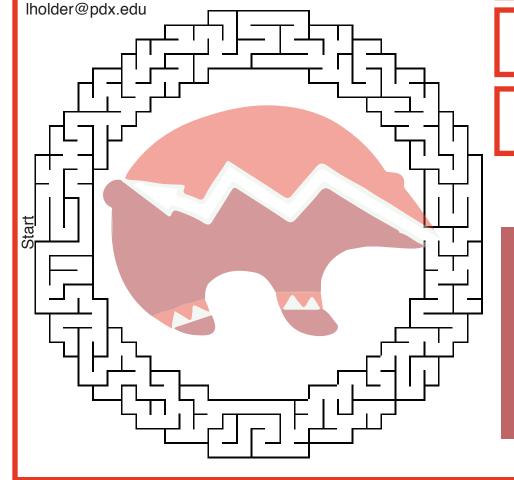
Klamath Tribes Assistant Lead Toddler Teacher ASPSU The Children's Center ggreen@pdx.edu

### Lea Ann Holder

Chickasaw Nation
Faculty Advisor/Coordinator
Graduate School of Social Work,
Child Welfare Partnership

#### Elizabeth "Lisa" Norton

Confederated Tribe of Siletz School of Social Work, Instructor nortone@pdx.edu



## IF YOU ARE INTERESTED IN THE LAW, then look at these possible careers...





PSU Student Legal Services: We encourage students' full participation in their academic endeavors by helping navigate obstacles to fulfilling educational and career goals.

http://www.pdx.edu/sls/



Lawyer

**Court Reporter** 



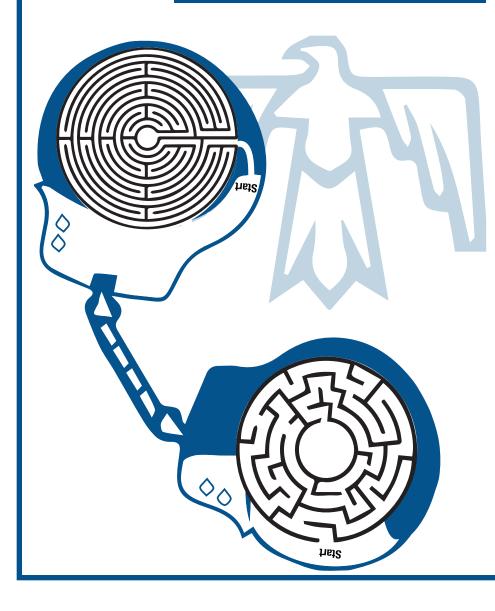
**Paralegal** 

**Security Guard** 

### **Alyssa Dart**

Hatfield School of Government Advisory for Political Science Criminology & Criminal Justice dart@pdx.edu





## IF YOU ARE INTERESTED IN COMPUTER then look at these possible careers...



Grab a Friend and Connect the Dots

Output

O

**Database Administrator** 

**Support Specialist** 

**Hardware Engineer** 

**Software Developer** 

**Web Developer** 

**System Analyst** 



A player who completes the fourth side of a 1×1 box earns one point and takes another turn. The game ends when no more lines can be placed. The winner of the game is the player with the most points.

Computer Science Department at specialize in a variety of research areas, including computer graphics and vision, computer security, databases, intelligent systems, programming languages, software engineering, open source software, sensor networks and other aspects of networking.

http://www.pdx.edu/computerscience/

# IF YOU LIKE MANAGING MONEY, then look at these possible careers...





BUY TEXTBOOKS FROM USED BOOKSTORES.



#### **SEEK ALTERNATIVE TRANSPORTATION:**

If the system is run by your university, you'll probably be able to ride for free with a student ID.



#### **CHOOSE THE RIGHT MEAL PLAN:**

Make a budget.



#### **SET UP A STUDENT CHECKING ACCOUNT:**

Usually there are free for students.



**GET ORGANIZED:** Monitor your spending habits and cut back.



#### BE CREATIVE WITH YOUR LEISURE TIME:

Ask for student discounts, use your free resources (library, museums, student art galleries, theater).



**FIND A JOB:** If you have some spare time, get a weekend job.



#### **GET THE RIGHT CELL PHONE**

**PLAN:** Do you really need unlimited?



#### **BE SMART ABOUT APARTMENT**

**LIVING:** Save money by splitting the rent with a few roommates and conserve (turn off the light, use little water, and use the A/C and heat sparingly.



**LOOK FOR SCHOLARSHIPS:** Many scholarship programs give you the opportunity to apply each semester.

**Accountant** 

**Financial Analyst** 

**Loan Officer** 

**Bookkeeping Clerk** 

**Budget Analyst** 

**Business** 

### **Julie Smith**

The Klamath Tribes
Director of Marketing,
University Communication
smithju@pdx.edu

### Theresa Kaimanu

Shoalwater Bay Nation Associate Professor, Public Administration d1tj@pdx.edu

For More information visit http://www.pdx.edu/ professional-development/

### IF YOU LOVE NATURE,

then look at these possible careers...



Draw your own totems. Everything in life is a circle like the Medicine Wheel which itself represented the whole of Creation. Each person moves along the Wheel in their own way and at their own speed.

**Zoologist** 

**Landscape Architect** 

**Farmer** 

Veterinarian

**Agricultural** 

**Food Scientist** 

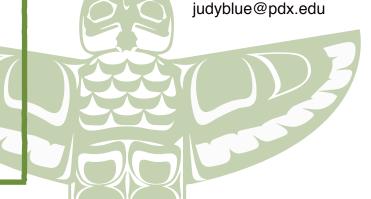


Don't Forget to Visit http://www.pdx. edu/geography/agriculture



Nez Perce/Cherokee University Studies Instructor Indigenous Nations Studies judyblue@pdx.edu





### IF YOU LIKE SPORTS,

then look at these possible careers...





The modern game hockey is based on a game called stick-ball that the North American indians played.

#### **HOW TO PLAY:**

- Players face each other on a field with goals at either end.
  - A small ball is handled by players using long sticks ending in a loop.
    - Each team tries to advance the ball down the field to the other team's goalpost, while never touching the ball with their hands.
      - Points are scored when the ball strikes the opponent's goal.

Referee

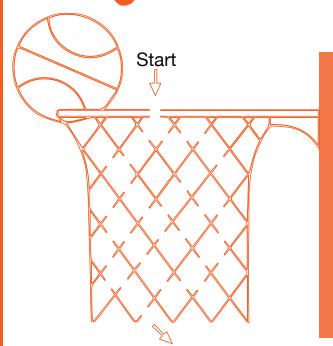
**Professional Athlete** 

Coach

**Fitness Trainer** 

**Recreational Therapist** 

**PE Instructor** 



Our PSU Vikings compete in NCAA Big Sky Conference basketball, cross country, football, golf, soccer, softball, track, volleyball, and wrestling, goviks.com. Get active with your peers or join the outdoor program, intramural sports, rec clubs and group fitness classes, and aquatics. From aerobics to yoga, engage your body and your mind in for-credit recreational classes at Portland State.

www.physed.pdx.edu

# PSTTege life

REASONS

YOU SHOULD

GO TO COLLEGE



earn GOOD pay. Most college graduates earn a lot MORE money during their working years than people who stop their education at high school.



the more education you get, the more likely you will get a job.



continuing education after high school is much more important for your generation than it was for your parents' generation. Today, most good jobs require more than a high school diploma.



education beyond high school gives you the opportunity to explore your interests and experiencing success.

## Who do I see about going to college? What Is my first step?

#### **Melissa Bennett**

Umatilla/Nez Perce, Navajo Nation (Dine')/ Blackfoot Lakota OSA NA Cultural Center melissa.bennett@pdx.edu

### Mariah Riddle

Northern Cheyenne Tribe HRC Human Resource Center Payroll/Benefits Systems Coordinator middle@pdx.edu

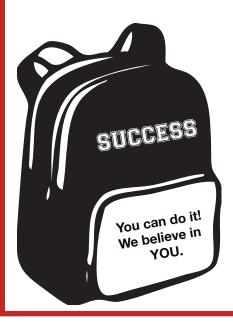
### Dean Azule

Pima Indian AZ Coordinator, Diversity and Multicultural Student Service azule@pdx.edu

# GET READY, School

#### FIGURE OUT WHAT YOU WANT TO DO

- 1. Start thinking about your future and career possibilities.
- 2. Explore different occupations that match your interests.
- 3. College-track courses to start taking in Middle School and High School
- 4. Talk to your school counselor
  - a. Ask about financial aid (FASFA) programs
  - b. Standardized test (ACT, PSAT, &SAT)
- 5. Apply for scholarships
- 6. Academic enrichment programs available through your school or colleges.
- 7. Visit Colleges!
- 8. Pursuing extracurricular activities (such as sports, performing arts, volunteer work, or other activities that interest you).



Go to:

http://www.pdx.edu/dmss/ http://www.pdx.edu/advising/

# SOURCES Thank you

Portland State University www.pdx.edu

Know How 2 Go

http://www.knowhow2go.org

United States Department of Labor

http://www.bls.gov/k12/money.htm

# SPONSORS

**PSU Healing Feathers** 

www.pdx.edu/nativestudents/healing-feathers

American Indian Urban Teacher Program

www.pdx.edu/aiutp